

## 2003 MSHSL Section 5AA Wednesday 05/28/03 and Friday 05/30/03

**Teams:** Robbinsdale Cooper 117, Osseo 90, Mpls Southwest 63, Fridley 59, Maple Grove 52 ½, St Louis Park 49 ½, Mpls North 49, Park Center 45, Mpls Roosevelt 44, Mpls South 43, Mpls Edison 27, Benilde-St Margaret's 21, Mpls Washburn 20, Columbia Heights 10, Mpls Patrick Henry 9.

### 100 Meter Dash

- 1 Antwon Simmons, North(10) 10.78
- 2 Jared Sandin, South(12) 10.85
- 3 Jonathan Thompson, SLP(11) 10.85
- 4 Wade Lescault, Roosevelt(12) 11.04
- 5 Mike Mandel, Osseo(12) 11.11
- 6 Chanth Phommachan, Henry(11) 11.21
- 7 Nsanwuy Jogwuia, Col Hts(11) 11.26
- 8 Carlo Griggs, Roosevelt(11) 11.73

### 200 Meter Dash

- 1 Antwon Simmons, North(10) 21.62
- 2 Wade Lescault, Roosevelt(12) 21.95
- 3 Jerald Burton, Osseo(12) 21.96
- 4 Jonathan Thompson, SLP(11) 22.42
- 5 John Vanek, Maple Grove(11) 22.89
- 6 Chanth Phommachan, Henry(11) 23.16
- 7 Victor Williams, Washburn(12) 23.46
- 8 Olusola Oyetunde, Henry(11) 23.47

### 400 Meter Dash

- 1 Jerald Burton, Osseo(12) 49.73
- 2 Tommy Ray, North(11) 50.73
- 3 Aaron Schloer, Southwest(12) 50.73
- 4 Mike Mandel, Osseo(12) 51.54
- 5 Mike Stein, Park Ctr(11) 51.97
- 6 Delroy Henry, Roosevelt(11) 52.00
- 7 Olusola Oyetunde, Henry(11) 53.10
- 8 Karwee Marshall, Cooper(11) 53.70

### 800 Meter Run

- 1 Mike Yard, Maple Grove(12) 1:57.97
- 2 Noah Halbach, South(12) 2:00.37
- 3 Eric O'Neill, Maple Grove(12) 2:03.61
- 4 Meshack Omesa, Cooper(12) 2:04.27
- 5 Abdirizak Mohamed, Edison(12) 2:04.91
- 6 Andy Selin, Fridley(12) 2:05.04
- 7 Brian Bell, SLP(12) 2:05.21
- 8 Jason Liebsch, Osseo(12) 2:05.51

### 1600 Meter Run

- 1 Forrest Taahdoohnippa, Southwest(12) 4:24.01
- 2 Neil Grosscup, Southwest(12) 4:24.71
- 3 Eddie Kibira, Edison(12) 4:27.92
- 4 Abdiqani Jama, Roosevelt(12) 4:42.67
- 5 Meshack Omesa, Cooper(12) 4:42.73
- 6 Kenneth Gilkerson, Park Center(9) 4:47.64
- 7 Mike Mommsen, SLP(9) 4:47.90
- 8 Eric Maloney, Southwest(11) 4:51.11

### 3200 Meter Run

- 1 Forrest Taahdoohnippa, Southwest(12) 9:18.99
- 2 Neil Grosscup, Southwest(12) 9:32.00
- 3 Abdiqani Jama, Roosevelt(12) 9:58.11
- 4 Eddie Kibira, Edison(12) 9:59.19
- 5 Brent Haglund, Fridley(9) 10:04.72
- 6 James Boortz, Osseo 10:07.29
- 7 Andy Cheesebro, SLP(10) 19:16.76
- 8 Mike Mommsen, SLP(9) 10:19.53

### High Hurdles

- 1 Eric Lieder, Cooper(12) 14.95
- 2 Abioye Oyeyimi, Cooper(12) 15.14
- 3 Josh McCarra, Fridley(11) 15.75
- 4 Kyle Day, Osseo(12) 16.02
- 5 Jamie Finch, Park Ctr(12) 16.29
- 6 Anto Green, Park Ctr(11) 16.34
- 7 Ron Woods, Osseo(10) 16.50
- 8 Nick Masters, Maple Grove(11) 16.62

### Intermediate Hurdles

- 1 Eric Lieder, Cooper(12) 40.96
- 2 Abioye Oyeyimi, Cooper(12) 41.59
- 3 Steve Swamy, Roosevelt(12) 41.96
- 4 Matt Becker, Osseo(12) 43.99
- 5 Ron Woods, Osseo(10) 44.33
- 6 Robert Edstrom, Washburn(12) 44.36
- 7 Brian Amis, Benilde-SM(12) 44.66
- 8 Keith Deluney, South(12) 45.53

### 4x100 Relay

- 1 North (Bryan Mastin, Tommy Ray, Antwon Simmons, Jamid Thomas) 45.11
- 2 Maple Grove 45.51
- 3 Park Ctr 46.65      5 Fridley 47.51
- 4 Cooper 46.75      6 Osseo 47.75

### 4x200 Relay

- 1 South (Jared Sandin, Andrew Velez, Alex Walton, Josh Wichner) 1:32.10
- 2 Cooper 1:33.06
- 3 Fridley 1:35.67      6 Washburn 1:37.04
- 4 Roosevelt 1:36.18      7 Benilde-SM 1:37.29
- 5 Osseo 1:36.75      8 Southwest 1:38.59

### 4x400 Relay

- 1 Osseo (Zach Bensalih, AK Moore, Brent Fenhaus, Mike Mandel) 3:32.74
- 2 South 3:33.94
- 3 Maple Grove 3:34.91      6 Cooper 3:44.46
- 4 Southwest 3:38.15      7 Park Center 3:44.52
- 5 Benilde-SM 3:38.45      8 Roosevelt 3:46.35

### 4x800 Relay

- 1 Osseo (James Boortz, Brent Fenhaus, Ryan Gifford, Jason Liebsch) 8:28.57
- 2 St Louis Park 8:36.87
- 3 Washburn 8:44.87      6 Fridley 9:06.39
- 4 Cooper 8:46.52      7 South 9:06.92
- 5 Southwest 8:50.37      8 Maple Grove 9:15.38

### Shot Put

- 1 Matt Mello, Osseo(12) 53-9 ½
- 2 Marcus Benjamin, Cooper(11) 52-3 ½
- 3 Derrick Blake, Park Ctr(10) 49-1 ½
- 4 Brian Miller, Fridley(11) 45-3 ¾
- 5 Brian Wiltfang, Fridley(12) 44-9 ½
- 6 Charles Penn, North(11) 44-9 ½
- 7 Brandon Butler, Edison(12) 44-5 ¾
- 8 Eric Thornton, SLP(12) 43-7 ½

### Discus Throw

- 1 Mike Palmer, Maple Grove(12) 158-11
- 2 Matt Mello, Osseo(12) 148-6
- 3 Brian Wiltfang, Fridley(12) 132-5
- 4 Ernest North, North(11) 131-11
- 5 Demetrius Hamilton, Roosevelt(12) 131-11
- 6 Charles Penn, North(11) 131-2
- 7 Jose Aguilar, SLP(12) 131-2
- 8 Derek Dessellier, Cooper(12) 128-8

### Long Jump

- 1 Jonathan Thompson, SLP(11) 20-9 ¾
- 2 Brian Lim, Cooper(12) 20-8 ½
- 3 Josh Wichener, South(12) 20-6 ½
- 4 Dominic Artis, Park Ctr(10) 20-2
- 5 Jermaine Watson, Cooper(11) 19-9 ¾
- 6 Jermaine Gurley, Southwest(12) 19-7 ½
- 7 Bill Cloak, Benilde-SM(10) 19-7 ¼
- 8 Aaron Schloer, Southwest(12) 19-5 ¾

### Triple Jump

- 1 Andre Williams, Edison(12) 42-1
- 2 Al-Houssein Camara, Fridley(11) 40-11 ¾
- 3 Carl Henderson, Southwest(12) 40-8 ¾
- 4 Ryan Carlson, Fridley(11) 40-7 ½
- 5 Jermaine Watson, Cooper(11) 40-7
- 6 Terrel McMoore, Washburn(11) 40-1 ¾
- 7 Joe Black, Cooper(11) 40-1
- 8 Rich Block, Park Ctr(10) 39-11 ¼

### High Jump

- 1 Jonathan Thompson, SLP(11) 6-8
- 2 Bill Cloak, Benilde-SM(10) 6-2
- 3 Sherman Turbes, Cooper(10) 6-0
- 4 Dominic Artis, Park Ctr(10) 6-0
- 5 Jamie Finch, Park Ctr(12) 5-10
- 6 Alex Jaras, Washburn(11) 5-10
- 7 Anton Green, Park Ctr(11) 5-8
- 8 Ryan Sharp, Maple Grove(11) 5-6
- 8 Arsenio Richardson, SLP(10) 5-6

### Pole Vault

- 1 Brandon Johnson, Cooper(12) 13-0
- 2 Peter Bauer, Henry(10) 11-9
- 3 Charlie Manthei, Maple Grove(12) 11-0
- 4 Eric Mueller, Cooper(9) 10-6
- 5 Joe Roith, Fridley(11) 10-6
- 6 Sean McCormick, Benilde-SM(9) 10-0
- 7 Chris Miles, Cooper(9) 9-6
- 8 Josh McCarra, Fridley(11) 9-6

\*\* Meet Record

Notes: